

## Thursday, March 10, 2022 - 7:00pm Sterling High School Parent Presentation

Join Zoom Meeting: https://zoom.us/j/93301746628 Meeting ID: 933 0174 6628:

Passcode: 884861

Call-in: +1 646-558-8656

## This virtual presentation will address:

- Substances that can lead to addiction
- Warning signs

- Coping skills
- Planning for the unexpected
- Ways to seek guidance and help

For more information or questions contact: Mary-Jo Eppright, MSW, LCSW at meppright@sterling.k12.nj.us







